

2008 Triangle Paddlefest



September 27, 2008
(a Saturday)

Lake Crabtree
County Park

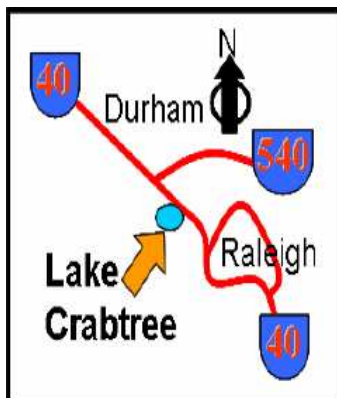
Morrisville, NC

The 2008 Triangle Paddlefest is a kayak and canoe race on Lake Crabtree between Raleigh and Durham, North Carolina. The event is designed for marathon racing boats, touring kayaks, and flatwater racing canoes and will consist of laps around a marked 3 mile loop. There is a longer race primarily for marathon boats (four laps, 12 miles) and a shorter race primarily for touring kayaks and flatwater racing canoes (two laps, 6 miles) though entrants may choose either distance. There will be two mass starts a few minutes apart. The winner of each race is the first paddler in a given class to cross the finish line. For the marathon kayak classes, the race often comes down to a final sprint to the finish line after 12 miles of neck and neck competition.



Mandatory meeting at 9:30 a.m. for all entrants. Races begin at 10:00 a.m.

For further information, call Tom Blue at (919) 428-4302 or email fbracechair@earthlink.net



Directions from the East (Raleigh):

Follow I-40 westbound to exit 285 (Aviation Parkway)
Turn LEFT at end of ramp onto Aviation Parkway; CROSS I-40
Go ½ mile on Aviation Parkway
Turn left into Lake Crabtree Park

Directions from the West (Durham, Chapel Hill):

Follow I-40 eastbound to exit 285 (Aviation Parkway)
Turn right at end of ramp onto Aviation Parkway
Go ½ mile on Aviation Parkway; turn left into Lake Crabtree Park.

2008 Triangle Paddlefest Registration Form (one per participant)

Name: _____

Address: _____

City: _____ State _____ Zip _____

Email: _____

Phone: _____

Alternate Phone: _____

Birth Date: _____ / _____ / _____
(month) (day) (year)

Gender (Select one):

____ Male

____ Female

Boat (Select one):

____ ICF K1

____ ICF K2: Partner _____

____ Surf Ski

____ Sea or Touring Kayak

____ Rec Kayak

____ Solo Canoe

____ Tandem Canoe: Partner _____

Race (Select one):

____ 12-mile race

____ 6-mile race

Classes will be consolidated where there are fewer than 3 boats in a class

USACK # (if any) _____

(Non-USACK members must pay 1-day membership fee of \$10 for insurance purposes)

Entry Fee \$20: _____

1-day USACK Membership (if applicable) \$ 5: _____

TOTAL \$ _____

If mailed on or before September 20, 2007, send check and registration form to:

Triangle Paddling Racing Club, 400 Tinkerbell Road, Chapel Hill, NC 27517

If not mailed on or before September 20, 2007, just register at the race site on race day **by 9:00 a.m.**

For further information, call Tom Blue at (919) 428-4302 or email fbracechair@earthlink.net

About the Triangle Paddle Racing Club

The Triangle Paddling Racing Club (sponsor of the event) is dedicated to promoting community and physical fitness through paddlesports. The TPRC's roots began with a group of local marathon kayakers that paddled together on the weekends. The TPRC hosts a series of time trials and coached workouts aimed at improving fitness and technique while building community spirit. Lake Crabtree County Park is the TPRC's home base. 2008 is the fourth year that TPRC has staged the Triangle Paddlefest. Learn more about the TPRC at www.trianglepaddlers.com